

PRE-DEPARTURE MEETING

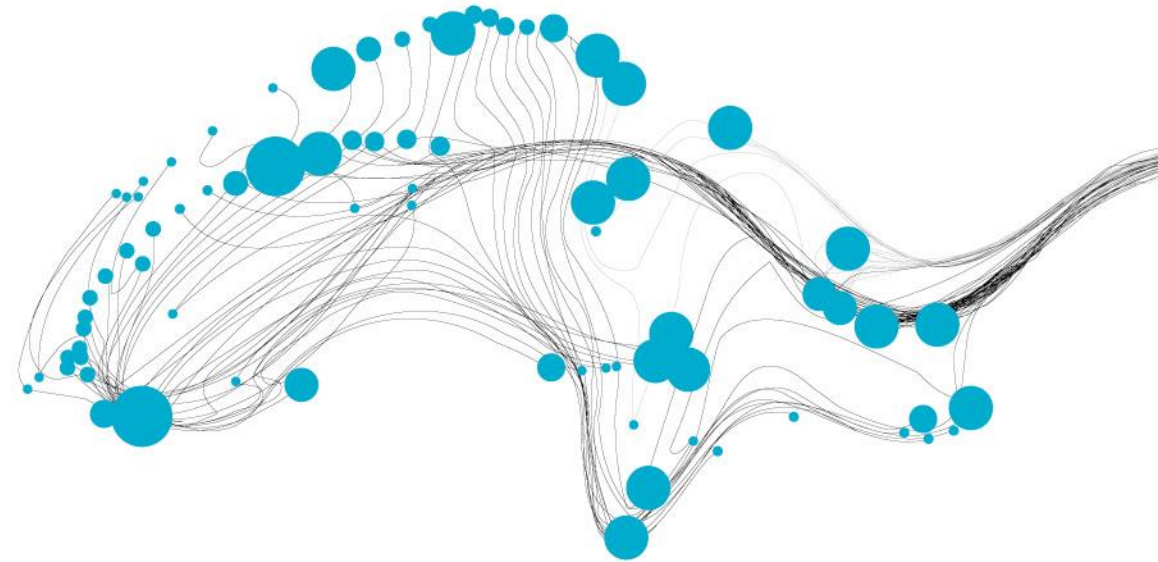
INCOMING STUDENTS
12 JUNE 2024

PROGRAMME: INCOMING STUDENTS

TIME	ACTIVITY	WHO
19:00	Opening presentation	Jitske Rijken, Exchange Coordinator, Faculty EEMCS
19:05	Pre-departure practicalities	Jitske Rijken
19:20	Student presentation: reverse culture shock	Kai Kojima, former exchange student
19:30	Erasmus Student Network	Julia Knot, President, ESN Twente
19:35	Quiz: who is the best UT ambassador?	Julia Knot, President, ESN Twente
19:50	UT ambassadors	Joe Laufer, Senior Advisor, Alumni Relations
19:55	Closing of presentation	Jitske Rijken
20:00	Country group meetings start	
21:00	Country group meetings conclude	
21:00	Drinks (Sports Centre Canteen)	Hosted by ESN Twente

PRACTICALITIES

JITSKE RIJKEN, EXCHANGE
COORDINATOR, FACULTY EEMCS



TRANSCRIPT OF RECORDS

Your Transcript of Records will be generated from OSIRIS automatically and will be sent to you approximately five weeks after your last exam.

In order to receive the correct version, please pay attention to the following:

1. Keep an eye on your results in OSIRIS.
2. Make sure you are NOT registered for any courses for which you have not done any type of exam / are not planning to do an exam.
3. If some marks are still missing three weeks after the end of the semester, contact the relevant lecturer and explain that you are an exchange student who needs the results because of the Transcript of Records.
4. If some marks are still missing four weeks after the end of the semester, contact your Exchange Coordinator so that they can stop your Transcript of Records from being generated incorrectly.

You must finish your entire workflow in Mobility Online - this includes uploading your final signed Learning Agreement. You only receive a Transcript of Records once your workflow has been finalised.

TRANSCRIPT OF RECORDS

Examples of module marks:

COURSES		EC ¹	Complete?	GRADE
202001045	Social Network Structure and Dynamics	6.50	Yes	8,0
202001046	Games, Auctions and Voting	6.50	Yes	9,0
202001047	Web Science Final Project	2.00	Yes	6,0
202001104	Cybersecurity & Cybercrime Theory	10.00	Yes	8,0
	Internet Technology	1.25	Yes	8,4
	Intro to Digital Forensic for Cybercrime	1.25	Yes	10,0
	Privacy and Information Security	1.25	Yes	8,7
	Governance & Regulation of Cybersecurity	2.50	Yes	7,0
	Psychological aspects of Cybercrime	1.25	Yes	9,0
	Economical Aspects of Cybercrime	1.25	Yes	7,6
	Vulnerability Disclosure and Ethics	1.25	Yes	6,0
202001105	Cybersecurity & Cybercrime Project	5.00	Yes	7,5

Total ECTS credits: 30.00

For explanation of symbols and grades, see table 3.3

PROOF OF ATTENDANCE

For a signature on a Proof of Attendance from your home university, please email the document to your UT Faculty Exchange Coordinator.

Note that the date of signature is always the current date.

LEARNING AGREEMENT

You can get your Learning Agreement signed by emailing it to your Faculty Exchange Coordinator. The agreement will only be signed if the courses/modules in Mobility Online are up-to-date & correct.



DE-REGISTER FROM COURSES & MODULES

If you registered for a course or module but **did not participate in it**, you need to de-register from it before you leave UT. You can do this via OSIRIS if you are within the registration period.

If you wish to de-register after the closing date of the registration period, please contact your Faculty Exchange Coordinator.

Remember to de-register before your final exams!

Please make sure you delete these courses/ modules in **Mobility Online** as well.

More information:

<https://www.utwente.nl/en/educational-systems/about-the-applications/osiris/manuals-for-students/>

DE-REGISTER AT MUNICIPALITY

If you are leaving the Netherlands you must de-register from the GBA (Municipal Register of Enschede).

To be de-registered, fill in the online form “Register your Move Abroad” on the Gemeente Enschede website:

<https://www.enschede.nl/en/moving-abroad>

OTHER PRACTICAL MATTERS

Other practical matters to complete upon departure:

Incoming exchange students

<https://www.utwente.nl/en/education/electives/exchange/faq-exchange-incoming/#departure>

All departing international students

<https://www.utwente.nl/en/education/student-services/graduating-students/#upon-departure-checklist>



CANVAS EXCHANGE COMMUNITY

If you don't mind being approached by the next generations of UT exchange students, please leave your personal contact details (not your utwente email address) in the **Exchange Community** in Canvas.

<https://canvas.utwente.nl/courses/2864>

Click Join this Course. Then go to People, then Groups, then join the group for your home country.



QUESTIONS?

CONTACT YOUR FACULTY EXCHANGE
COORDINATOR



REVERSE CULTURE SHOCK

EXPERIENCES FROM A STUDENT'S
PERSPECTIVE

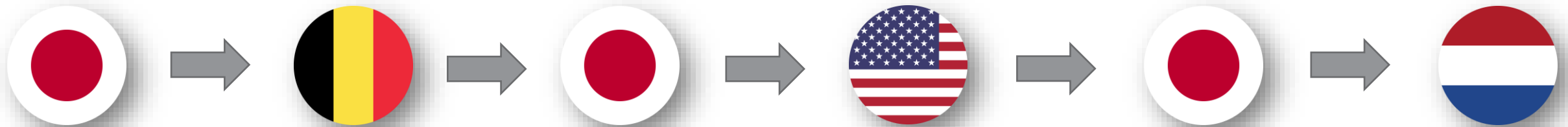
KAI KOJIMA, FORMER EXCHANGE
STUDENT



YOU DON'T REALLY EXPECT REVERSE CULTURE SHOCK...!

“difficulty in readjusting to the culture and values of the home country, now that the previously familiar has become unfamiliar”

In short, *“damn I forgot this was the case”*



OK SO WHAT NOW?

- Be prepared
- Keep yourself busy
- Accept that things may have changed
- Integrate your experience into your daily life
- Sign that you grew as a person!





QUESTIONS?



Erasmus Student Network
Twente

The Erasmus Student Network

Making the most of your time studying abroad



What is ESN?

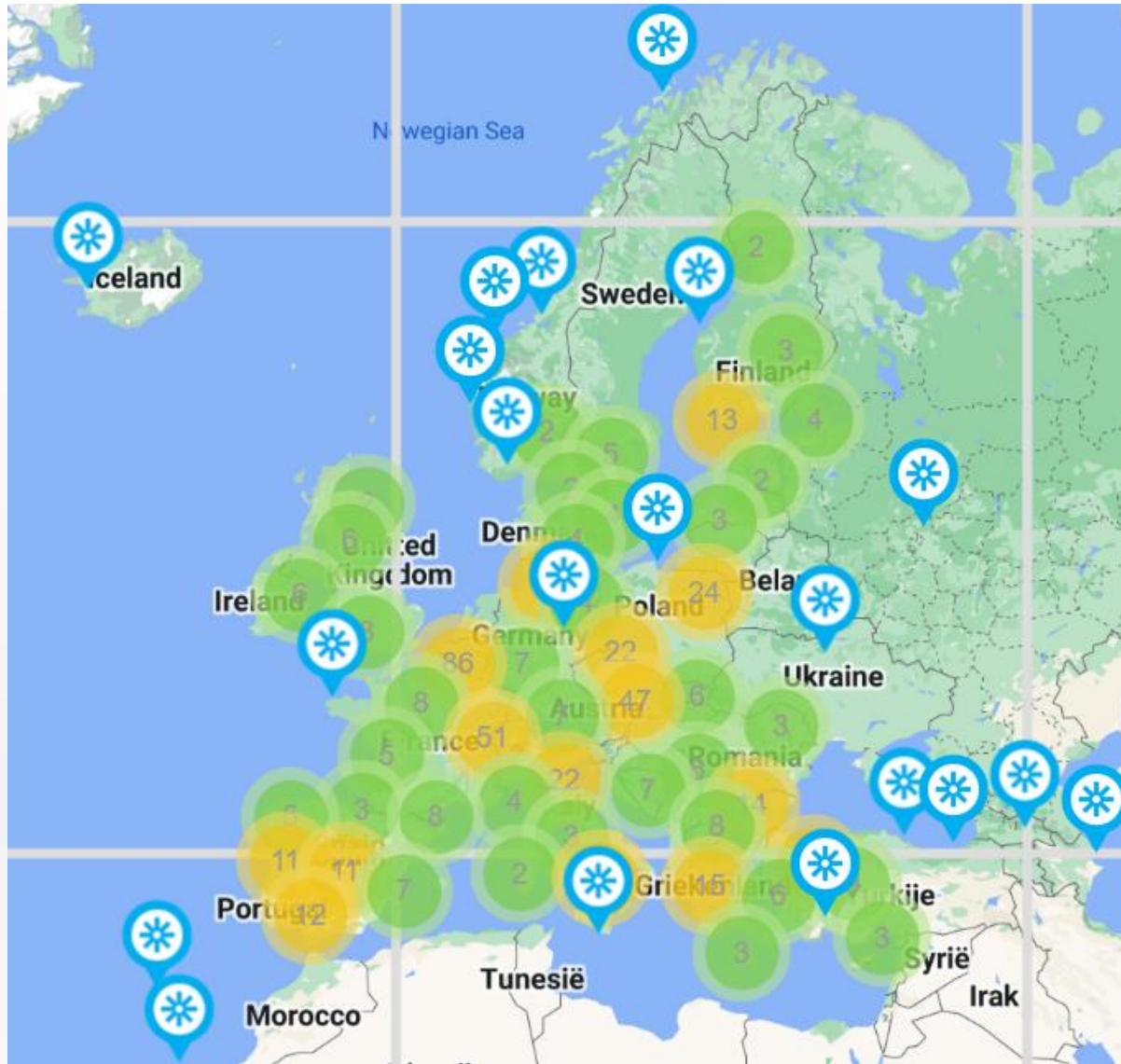
(hopefully you know us by now)





...a network...
of students, for
students...

- **41** Countries
- **511** Local sections
- **18** in the Netherlands



- Austria
- Czech Republic
- Cyprus
- Estonia
- Finland
- Germany
- Greece
- Italy
- Norway
- Poland
- Portugal
- Spain
- Turkey
- UK
- and more!!!

Making friends everywhere!



**Here's a glimpse of what we
have done:**



Social Activities



Cultural Activities



Language support

 **ESN**
Erasmus Student Network
Twente



Parties



Erasmus Student Network
Twente





How can you get the most
out of the ESN
experience?



Find Friends

Kick-start your social life once you are back

- Join in with ESN events (usually free!)
- Attend ESN parties

Re-integration

Immerse yourself in the culture

- Join the social activities
- Stay in touch
- Continue meeting international students!



Get Involved

Make the most of the ESN community

- Join WhatsApp groups and follow on Instagram
- Community of hundreds of international students
- Get help, advice, and find new friends

Become an Active Member

Enhance your experience by helping others

- Help plan and run ESN events to help others
- Come up with your own ideas
- Join a diverse community
- Add to your CV!





Time for a quiz!



Stay in touch!

And see you at the ESN drinks tonight!

Time: 21:00

Location: Sports Centre Canteen



UT AMBASSADORS

JOE LAUFER, SENIOR ADVISOR, ALUMNI
RELATIONS



COUNTRY GROUPS

Opportunity for incoming and outgoing students to meet and chat.

A chance for outgoing students to ask you about your home country or university!

You can use the **flash cards** at your group for conversation topics:

- Housing
- Food
- Language
- Culture
- Cost of living
- Safety
- Transport
- Sightseeing
- Going out.



Only for the countries with outgoing students.



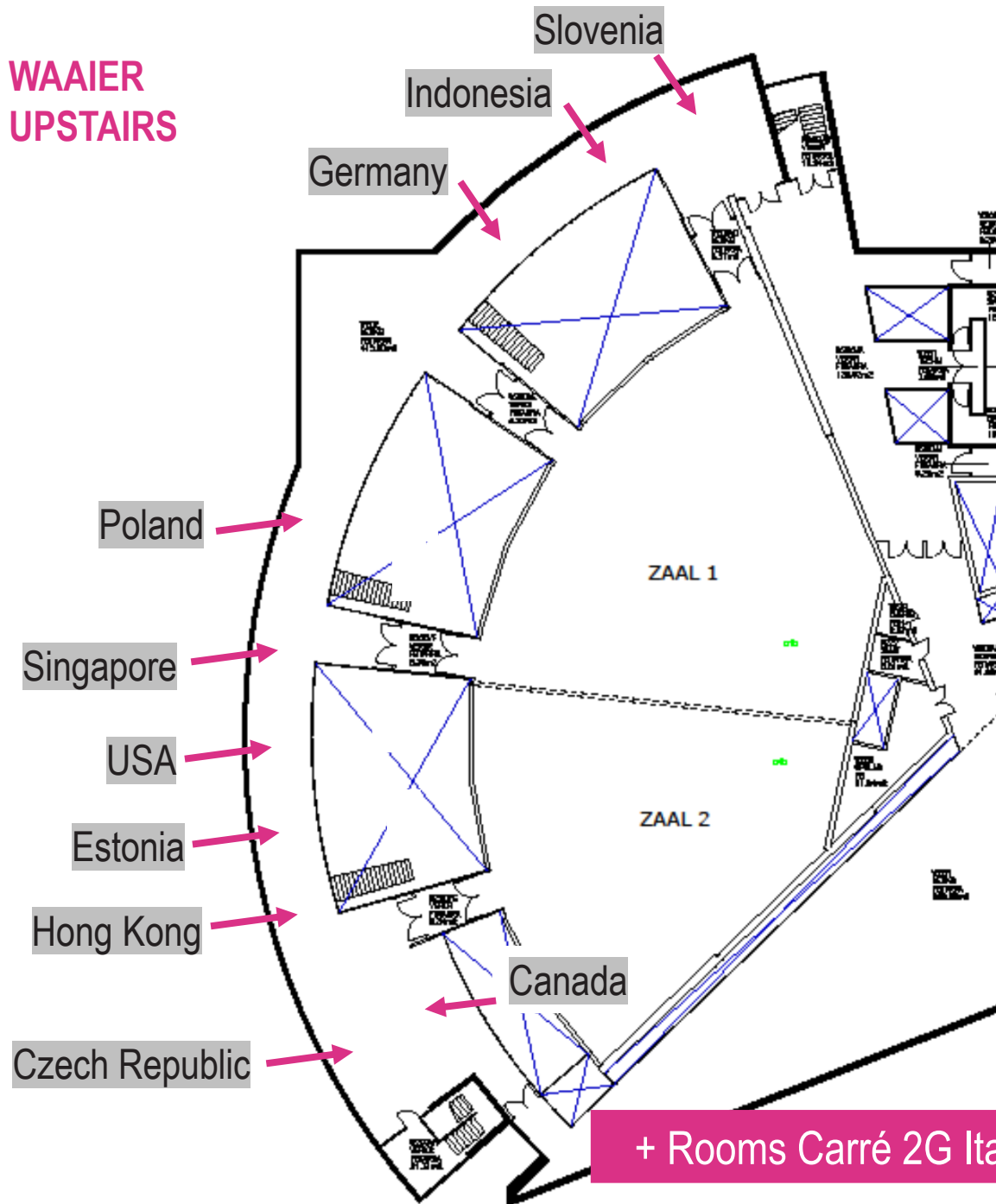
COUNTRY GROUPS

COUNTRY	LOCATION	FACILITATOR
Australia	Waaier Downstairs	Liz Louden
Austria	Waaier Downstairs	-
Canada	Waaier Upstairs	Margriet Dekkers
China - Hong Kong	Waaier Upstairs	Yitong Xue
Czech Republic	Waaier Upstairs	-
Estonia	Waaier Upstairs	-
Finland	Waaier Downstairs	Saana Jukola/ Julia Knot (ESN)
France	Waaier Downstairs	Lisa Broussois
Germany	Waaier Upstairs	-
Indonesia	Waaier Upstairs	David Marpaung
Italy	Carré 2G	Anna Nardini
Japan	Waaier Downstairs	Kai Kojima
Mexico	Carré 2H	Camila Medina Polanco

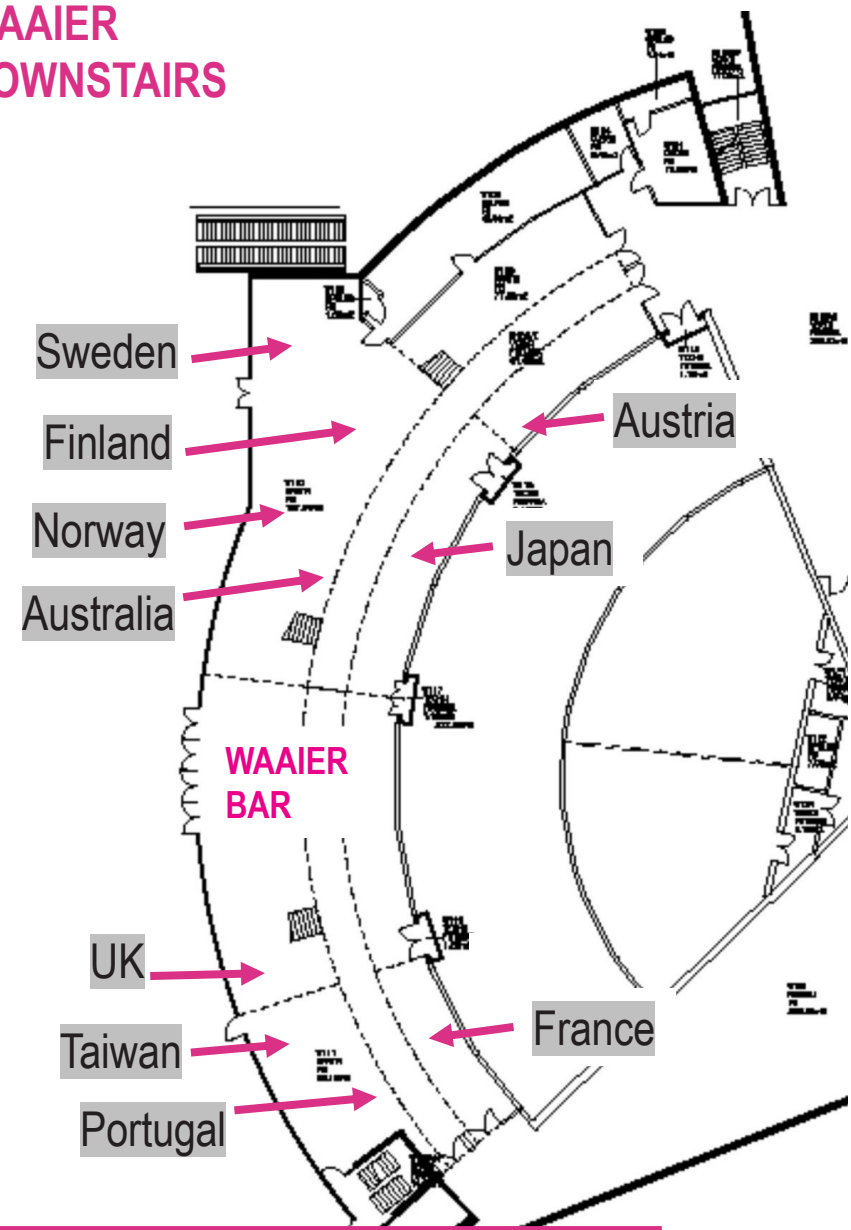
ROAMING FACILITATOR: Jitske Rijken

COUNTRY	LOCATION	FACILITATOR
Norway	Waaier Downstairs	Hanna Lücking
Poland	Waaier Upstairs	-
Portugal	Waaier Downstairs	Sarah Kotter
Singapore	Waaier Upstairs	-
Slovenia	Waaier Upstairs	-
South Korea	Carré 2L	Lotte Sander
Spain	Carré 2N	Tahnee Smits
Sweden	Waaier Downstairs	Ellen Kok (ESN)
Taiwan	Waaier Downstairs	-
United Kingdom	Waaier Downstairs	Brigitte Leurink
United States	Waaier Upstairs	-
No group? Join us to share your experience, ask questions, chat, play games etc	Waaier Bar Downstairs	Gyöngyi Karácsony

WAAIER UPSTAIRS



WAAIER DOWNSTAIRS



+ Rooms Carré 2G Italy; 2H Mexico; 2L South Korea; 2N Spain

**GOODBYE & GOOD
LUCK!**

**SEE YOU DOWNSTAIRS
FOR COUNTRY GROUPS**

